

Nederlandse Unie lifestyle Health and Training groep Programma

8 en 9 Maart
Ignighting
passion for
Health

12,13,14
september,

Epigenetics. How
you eat, think and
behave has
influence on you
and your children

14 en 15 juni
Nutricion &
Hormones;
How Nutricion
Shapes the
femaile Cylce

2026
Health
Congres